



Redbrook C of E Primary Newsletter

No 105 March 26th 2026

Letter from Mrs Frey



Dear Families

Thank you to those of you who joined us for our Easter service yesterday. I am always extremely proud of the children at these events and their singing never fails to move me. I hope you too were able to take something away for the Easter season from our words and music.

Our value in school this term has been courage and it was wonderful to see this being lived out by the Redbrook children last week at our annual Federation Day where both Redbrook and St Briavels came together to prepare for our Malvern garden.

I recognise that it must be quite daunting for many of our children to go to St Briavels and spend a day learning and playing with many children they don't know. During the day, we split our schools into mixed groups, taking children from each year group and school and assigning them an adult who took them round a number of activities. They spent their play times and lunch times together too. The children never fail to surprise us with their courage, resilience and growing confidence on these occasions and whilst there are many blessings of being in a small school, it is sometimes nice to be able to be part of larger community too where we see how the children flourish as one and work on a common purpose.

The team that organises and puts on this event are to be admired and we are ever amazed by the workshops the children get to do and the level of organisation it takes to bring such a successful day together. Thank you to all who made this day possible. We now look forward to seeing the garden come to life in a few weeks' time and celebrating all of your hard work at the show in May.

As we head into the holidays, may I wish you all a safe, happy and restful break and I look forward to seeing everyone back in two weeks' time.

With love

Natalie Frey

Executive Headteacher

Robin Class

What a busy five weeks we've had in Robins!

Years 1 and 2 started this half term with a visit to Aerospace Bristol, ahead of their new History unit about flight. The children enjoyed learning about the different materials used to make planes & testing these for their absorbency. They explored the museum and were in complete awe of Concorde!

World Book Day has been another highlight of this half term. The children loved sharing books with Kingfishers and designing their own bookmarks & book covers.

Years 2 and 3 have been busy reading 'Tadpole's Promise' and enjoyed planning for and writing their own 'grizzly tales' linked to this! Reception have been busy learning about Jack and the Beanstalk and have enjoyed retelling the story this week.

In Design and Technology, the children enjoyed making puppets, using a needle and thread with great care. Music has been all about tempo, the children have enjoyed learning new musical games & comparing the tempo of the songs as steady, fast (accelerando!) or slow (rallentando).

The children worked brilliantly with St Briavels during our Federation Day last week. I'm sure the children will be excited to bring home some of the pieces they made, soon!

We hope you have a lovely Easter.

Miss Marfell and Miss Taylor









Kingfisher Class

It's been such a short half term and it has whizzed by in the blink of an eye! It may have been short, but as per usual, we have crammed a lot in!

This half term in guided reading we've looked at two very different and interesting books; The Undefeated and Politics for Beginners. The Undefeated helped us explore one of the more difficult parts of human history in America: equal rights, segregation and slavery. The children learnt a lot about some incredible people who continue to inspire us, such as Rosa Parks, Jesse Owens and Martin Luther King, all through a beautifully written and illustrated poem. Following on from this the children took a deep dive into politics, which many found more interesting than they initially thought! We may have politicians of the future amongst us!

The value we've focused on this half term has been courage. We learnt from our guided reading texts that it takes quite a bit of courage to stand up for what you believe in and to use your voice for change and the children have been encouraged to do this through courageous advocacy. We discussed what we are passionate about and what we would like to change in the world. The children came up with some lovely ideas such as pollution and littering, recycling and deforestation.

Gymnastics has been a particular success for Kingfisher class this half term. They have persevered with developing their strength, flexibility and control with gymnastics positions including, tuck, straddle, pike and front and back dishes as well as the more challenging activity: doing a headstand!

World Book Day is always one of my favourite days of the school year. It is always so lovely to see how excited they are to share their love for their particular book, who they've come dressed as and this year sharing their amazing 'stories in a jar'. We had some very imaginative entries! A love of reading will last a life time and it's something we at Redbrook love to nurture and see blossom.

Another amazing 'Federation Day' all together at St Briavels. It's a wonderful opportunity for both schools to work on our Malvern Garden entry as a federation, collaborating and learning from one another. The children had a range of activities to take part in, linked to the theme, 'Myths and Legends', including making the 'Fairies of Redbrook', a short video of a woman rising from Swan Pool and designing knot gardens based on the 'oubliette', to name a few!

It's always a highlight to end the half term with a whole school worship that we can share with you all. The Easter service was wonderful and the children did an incredible job performing and sharing their work.

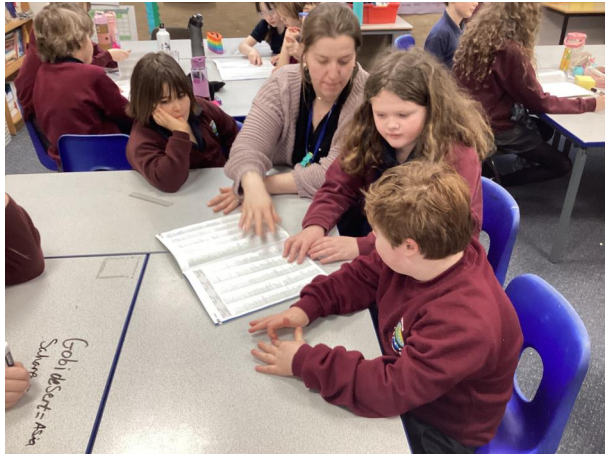
Wishing you all a wonderful, restful Easter break and I look forward to seeing you on Monday 13th April.

All the best,
Miss Chambers

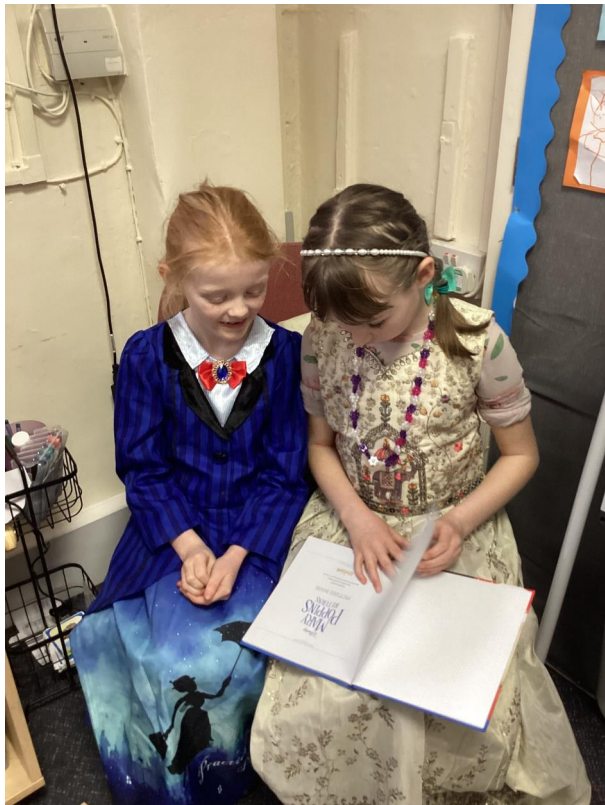
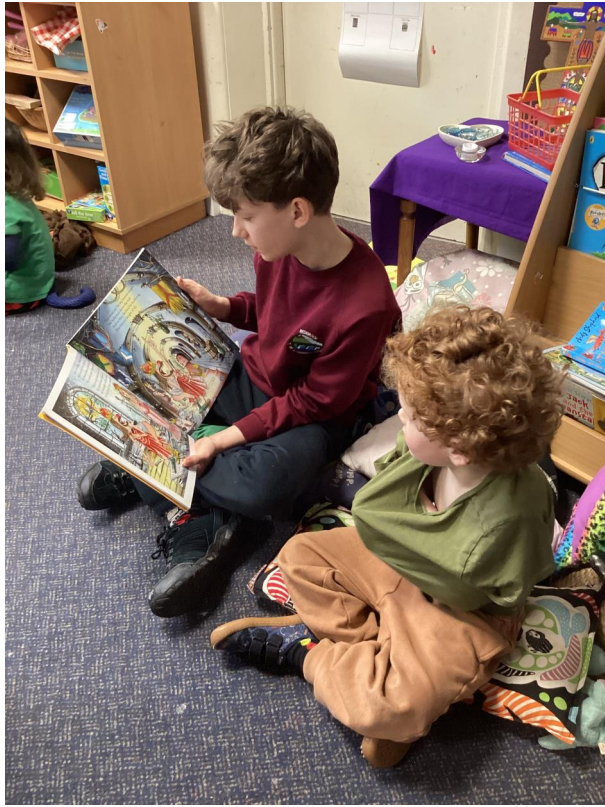








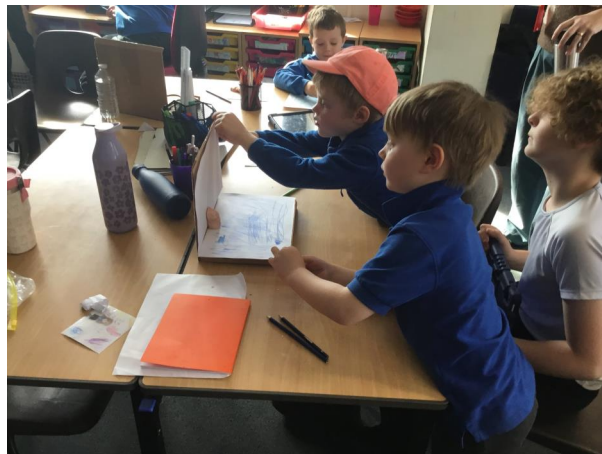




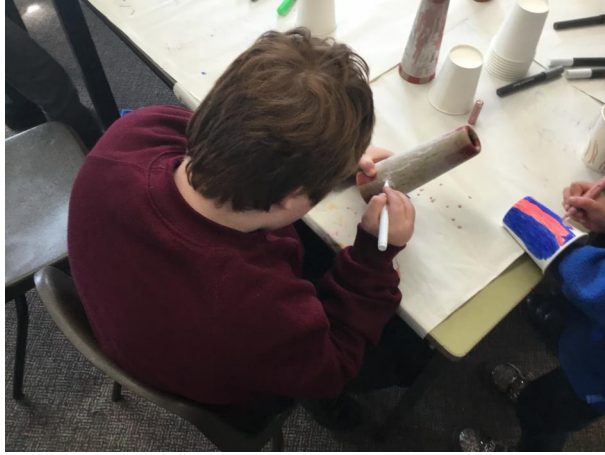


Federation Day

In preparation for our Malvern Garden entry we came together as a Federation to look in depth at some of the myths and legends incorporated in our garden. Throughout the day we painted and crafted various things linked to the garden, some of which will be used in the final entry.











Forest Sports Panathlon

A group of our children enjoyed taking part in the Forest of Dean Panathlon event, held at Hartpury College. There were a range of events for them to try, including Kurling, Bowling, Basketball throw & Parachute games. The children were a credit to our school and had lots of fun!









Helping Our Children Sleep Well

Some information to help your child sleep well, from Mrs Hill (our ELSA - Emotional Literacy Support Assistant) who is based at St Briavels School:

Helping Our Children Sleep Well

Sleep plays a vital role in children's health, wellbeing, and ability to learn. For primary school-aged children, getting enough high-quality sleep is just as important as eating well and staying active. However, we've noticed that some children are arriving at school feeling tired and finding it difficult to concentrate, often because they are staying up too late—sometimes using screens or playing on games consoles.

How Much Sleep Do Children Need?

Children in primary school (roughly ages 5–11) should typically get between **9 and 11 hours of sleep each night**. This amount helps support their growing bodies, developing brains, and emotional wellbeing. When children don't get enough sleep, they may struggle with attention, behaviour, memory, and overall learning in the classroom.

Why Sleep Matters for Learning

A well-rested child is more likely to:

- Focus better in lessons
- Retain new information
- Manage their emotions effectively
- Feel motivated and engaged

On the other hand, children who are overtired may appear restless, distracted, or withdrawn, which can impact their progress and confidence at school.

The Impact of Screens and Late Nights

We are increasingly seeing children who are tired due to **late nights spent on tablets, phones, or games consoles such as PlayStations**. Screens can make it harder for children to fall asleep because the light they emit interferes with the body's natural sleep signals. Exciting or stimulating games can also make it difficult for children to wind down. When children regularly go to bed too late, even if they seem fine at home, it often shows the next day in school through reduced concentration and lower energy levels.

Building Healthy Sleep Routines

Establishing a consistent bedtime routine can make a big difference. Here are some helpful tips:

- **Set a regular bedtime and wake-up time**, even on weekends where possible
- **Create a calming bedtime routine**, such as reading a book or taking a warm bath
- **Avoid screens at least one hour before bed**
- **Keep bedrooms quiet, dark, and comfortable**
- **Limit sugary snacks and drinks in the evening**
- **Encourage relaxing activities before bed**, rather than energetic play or gaming

Working Together

Good sleep habits are a partnership between home and school. By helping children develop consistent routines and limiting late-night screen use, we can support them to feel more alert, happy, and ready to learn each day.

Pig Race Thank You!



A big thank you to everyone who came to the race, who sponsored pigs and bought raffle tickets. We raised over £800 which will go towards paying for transport costs to Malvern Show.

Thank you also to Miss Taylor and Mrs Kilty and everyone else who helped organise the evening, much appreciated. Thank you!

No Nuts !



Please remember we are a 'no nuts' school due to allergies. Please don't send your child in with anything containing nuts.

Many thanks

Dates For Your Diaries

Please check emails home for more details about events. Please note **dates may change**.

Thurs 26 March - 2.30pm Easter Service - all welcome - at Redbrook Church

Thurs 26th March 3.20-4.45pm - Board game after school club

LAST DAY OF TERM - Fri 27 Mar

FIRST DAY OF TERM - Mon 13 April

Thurs 16 April Forest Voluntary Action Forum in playground 3.20pm

Wed 22 April - Class Photographs

Mon 4 May - Bank Holiday - SCHOOL CLOSED

Mon 11 May - Thurs 14 May Yr 6 SATS

Tues 12 May Drumming workshop after school (for those who have signed up)

Tues 19 May Drumming workshop after school (for those who have signed up)

LAST DAY OF TERM - Fri 22 May

Mon 1 June - INSET day - school closed

FIRST DAY OF TERM - Tues 2 June

Tues 2 June Drumming workshop after school (for those who have signed up)

Thurs 4 June London Residential Parent information meeting after school

Sat 6 June Live on the Wye festival - Redbrook children performing

Tues 9 June - Year 6 Leavers Service at Gloucester Cathedral

Mon 29 June - year 6 applicants -5 Acres welcome week

Wed 1 July - Fri 3 July London Residential

Mon 6 July - Year 5 - 5 Acres Super learning Day

Mon 6 July-Tues 7 July - Dean Academy transition days

Sat 11th July 12-2pm School Fete

LAST DAY OF TERM - Fri 17 July

Mon 20 July - INSET

FIRST DAY OF TERM - Thurs 3 Sept

We update key dates on our website (www.wyeforestfederation.co.uk¹), please check there and in your emails for notifications.

Term Dates 2025/26

Please note these are for the academic year starting in September 2025 .

Term dates can be found on our website here:

https://www.wyeforestfederation.co.uk/web/term_dates/363933

Term Dates 2025/26																		
SEPTEMBER				OCTOBER				NOVEMBER										
Mon	1	8	15	22	29	Mon	6	13	20	27	Mon	3	10	17	24			
Tues	2	9	16	23	30	Tues	7	14	21	28	Tues	4	11	18	25			
Wed	3	10	17	24		Wed	1	8	15	22	29	Wed	5	12	19	26		
Thur	4	11	18	25		Thur	2	9	16	23	30	Thur	6	13	20	27		
Fri	5	12	19	26		Fri	3	10	17	24	31	Fri	7	14	21	28		
Sat	6	13	20	27		Sat	4	11	18	25		Sat	1	8	15	22	29	
Sun	7	14	21	28		Sun	5	12	19	26		Sun	2	9	16	23	30	
DECEMBER				JANUARY				FEBRUARY										
Mon	1	8	15	22	29	Mon	5	12	19	26	Mon	2	9	16	23			
Tues	2	9	16	23	30	Tues	6	13	20	27	Tues	3	10	17	24			
Wed	3	10	17	24	31	Wed	7	14	21	28	Wed	4	11	18	25			
Thur	4	11	18	25		Thur	1	8	15	22	29	Thur	5	12	19	26		
Fri	5	12	19	26		Fri	2	9	16	23	30	Fri	6	13	20	27		
Sat	6	13	20	27		Sat	3	10	17	24	31	Sat	7	14	21	28		
Sun	7	14	21	28		Sun	4	11	18	25		Sun	1	8	15	22		
MARCH				APRIL				MAY										
Mon		2	9	16	23	30	Mon	6	13	20	27	Mon	4	11	18	25		
Tues		3	10	17	24	31	Tues	7	14	21	28	Tues	5	12	19	26		
Wed		4	11	18	25		Wed	1	8	15	22	29	Wed	6	13	20	27	
Thur		5	12	19	26		Thur	2	9	16	23	30	Thur	7	14	21	28	
Fri		6	13	20	27		Fri	3	10	17	24		Fri	1	8	15	22	29
Sat		7	14	21	28		Sat	4	11	18	25		Sat	2	9	16	23	30
Sun	1	8	15	22	29		Sun	5	12	19	26		Sun	3	10	17	24	31
JUNE				JULY				AUGUST										
Mon	1	8	15	22	29	Mon	6	13	20	27	Mon	3	10	17	24	31		
Tues	2	9	16	23	30	Tues	7	14	21	28	Tues	4	11	18	25			
Wed	3	10	17	24		Wed	1	8	15	22	29	Wed	5	12	19	26		
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Sun	7	14	21	28		Sun	5	12	19	26		Sun	2	9	16	23	30	
Term Time						Holidays												
Bank Holiday						Inset Days												

¹<https://www.wyeforestfederation.co.uk/web>