

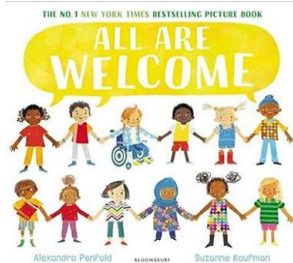


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| What are we learning? | Key Themes and books  | Key Experiences Feeling safe and happy. Become familiar with Sunflower adults. Making friends. Gaining courage to carry out new challenges |
| PSED <ul style="list-style-type: none">• Separation from parents• Seeking an adult for help• What makes a good friend?• How can we help our friends?• Feelings• Class rules: Behavioural expectations in the class/boundaries set respect |  What makes a good friend? Sunflowers Autumn Term 2021  | Maths <ul style="list-style-type: none">• Number songs• Become familiar with Sunflower routine• Organise and categorise objects• Use language Big, tall, small.• Looking at patterns |
| CLL <ul style="list-style-type: none">• Talking about family/ routines and special occasions.• Following instructions in routines.• Listening to stories with pictures• Engaging in story times• Learning new vocabulary/phrases from books• Listen to basic instructions | | UW <ul style="list-style-type: none">• Exploring vegetables• Using tools for cutting vegetables• Understanding making bread• Where do the ingredients come from?• Observing animals; structure, texture, habitats• Understanding people have different occupations |
| PD <ul style="list-style-type: none">• Develop gross motor control/balancing• Muscle development• How to use equipment safely• Become familiar with toilet/nappy routine• Collaborate with others when using large | | |
| Literacy <ul style="list-style-type: none">• Listen and join in with a wide range of books, poems and songs.• Develop listening and speaking skills in a range of contexts.• Give meaning to marks they make.• Labelling animals | | EAD <ul style="list-style-type: none">• Sing in a group• Use the musical instruments with respect.• Using props in their pretend play.• Explore colours through paint• Explore textures• Making animal homes |

How you can help at home

We greatly encourage and appreciate your involvement in your child's learning and you are always welcome to ask questions or seek advice on how you can support your child's learning at home. Here are a few ideas.

Personal Social & Emotional Development

- Give your child lots of opportunities to make decisions, give opinions and discuss their feelings e.g. what fruit shall we buy? How does that story make you feel? What did you like best?
- Encourage their attempts at independence and don't worry when they don't always get things right e.g. dressing themselves, doing up fastenings, tidying up.
- Show them how to resolve conflicts peacefully. For example, if they are upset because they don't want to do something, offer them some simple choices with the same outcome e.g. would you like this or that story before you go to bed?
- Value and praise their efforts, especially when trying something new.
- Take them to parks and places where they can spend time with other children.
- Play simple turn taking games.
- Talk to them about healthy food choices and why they are important.

Communication and language

- Make time for conversations with your child daily.
- Share and talk about stories and information in books.
- Play with them, commenting on what you are doing.
- Echo back what they say with new words added.
- Be aware of too much background noise e.g. Television, radio etc.
- Sing nursery rhymes.

Please speak to us if you have any concerns about your child's language development.



Physical Development

- Provide opportunities, such as visits to the park, to encourage your child to be physically active. Encourage and show them how to move in different ways, e.g. hopping, jumping, skipping.
- Sing action songs and rhymes and encourage them to dance along to music.
- Encourage mark making in lots of different ways e.g. using paints, pens, chalks on a pavement, sticks in mud etc.
- Play puzzle and threading activities to help develop hand-eye coordination.
- Encourage your child to use their upper arm and shoulder muscles to aid pencil control
- Get them digging and carrying in the garden
- Talk to them about using tools safely
- Encourage them to use a knife and fork at dinner



Mathematics

- Count everything with your child, from ducks on the pond to stairs up to bed.
- Sing counting songs and rhymes to help teach your child about numbers and order, as well as rhythm and rhyme e.g., '1,2,3,4,5 once I caught a fish alive, '5 little men in a flying saucer'.
- Play counting-based games such as Orchard games; Ladybirds and shopping lists
- Play 'spot the number'—focus on the numerals 0 to 5, and challenge your child to find them everywhere—on front doors, clocks, car registrations, birthday cards and more.
- Involve your child in everyday activities such as shopping and cooking to help them understand mathematical concepts such as weight, capacity, sharing and measuring.

Literacy

- Share stories and books daily with your child. Talk to them about what they have heard, drawing attention to the pictures and print.
- Visit the library to encourage and develop your child's interest and excitement in books and stories.
- Talk to them about the world around them and enjoy rhymes, poems and songs together.



Understanding the World

- Draw your child's attention to the world around them. Talk to them and encourage them to talk to you about things that they see, smell, hear and feel and the changes they notice throughout the year.
- Encourage their natural curiosity and support their ability to ask and answer questions by exploring changing materials such as freezing water or helping with simple cooking activities.
- Read and talk about information books based on their interests.
- Look at photos of family members and themselves when they were younger. Talk about the past from your own and their own personal experiences. Talk about what different people do at home, at school and in the wider community. Ask questions such as, 'what would you like to do when you grow up?'

Expressive Arts and Design

- Encourage them to draw, make pictures and models of what they are interested in, see or experience.
- Encourage them to build and create props for play using everyday junk materials e.g., turning an empty cardboard box into a castle for a toy.
- Keep a 'busy box' with things like string, tape, wrapping paper scraps, lolly sticks, stickers and straws that your child can use to make whatever they want. Ask them to talk about their creations.
- Use drama to act out things from daily life. It could be doctors, mothers, fathers, shopkeepers, firefighters – whatever your child likes. At story time, encourage your child to act out roles from a story with movements or sounds.
- Put on some favourite music to get them moving. Encourage them to march, roll, stamp, hop, slide and twirl. Clap or tap with a spoon to the beat of the music.